MAIN MENU

SMALL PLATES

Tempura Cauliflower Florets *(VE)* £9.50
Light tempura batter, served with tahini.

Flat Bread, Hummus & Nocellara Olives *(VE)* £12.95 FOR 2 PEOPLE
Olives & hummus with chilli oil.

Wild Mushrooms & Garlic *(GF)* £9.50
Wild mushrooms & garlic on toasted ciabatta, finished with Stilton & parsley.

King Prawns £12.95
Garlic, chilli, olive oil & toasted sourdough.

Lamb Kofta *(Can be GF)* £11.50
Mint, cumin, chilli & warm pitta, with tzatziki yoghurt on the side.

Fish Cakes £11.95
Coriander, mixed leaves & sweet chilli sauce. & sweet chilli sauce.

DAILY SPECIALS

Please ask your server for todays specials!

SALADS

Caesar Salad Small £8.95 / Large £16.95
Chicken or halloumi, bacon, Parmesan, croutons & Caesar dressing.

Hot-Smoked Salmon Nicoise *(GF)* £17.95
Baby potatoes, green beans, olives, egg, tomatoes & Dijon vinaigrette.

SANDWICH PLATES

All of our sandwiches are made on either fresh white sourdough, brown sourdough or soft white served with slaw and mixed leaves.

Cuban *(Can be GF)* £14.95
Layers of pulled pork, roast ham and Swiss cheese with gherkin-mustard mayo. Served with fries.

Halloumi Spinach Wrap *(V)* £11.95
Grilled halloumi in a spinach wrap with baby gem lettuce, pickled cabbage and sweet chilli sauce.

Fish Goujon £13.95
Lemon and dill battered fish Goujons with tartar sauce and gem lettuce, served on soft white bread or as a wrap.

Tikka Wrap £13.95
Chicken tikka with tzatziki, gem lettuce, tomato, red onion and cucumber served with a drizzle of hot sauce in a toasted wrap.

BLT *(Can be GF)* £11.95
Bacon, lettuce and tomato with mayonnaise on toasted bread. Add a fried egg £1.00

Salt Beef Sandwich £16.95
Salt beef, Gruyère cheese, pickles and sauerkraut with honey mustard mayonnaise on brown sourdough. Served with fries.

Steak Sandwich *(Can be GF)* £17.95
4oz Sirloin steak with mushrooms, fried onions and horseradish. Served with fresh ciabatta and fries.

SHARERS MENU

Served from 3pm

	For One	For Two
Meat Spiced chicken skewers, lamb kofta, warm flatbread & tzatziki.	£13.95	£27.90
Vegetarian *(V)* Crispy halloumi fries, zucchini fritters, hummus, Nocellara olives & warm flatbread.	£12.95	£25.90
Fish Salmon fishcake, marinated anchovies, salt & pepper calamari, tempura prawns, sweet chilli dip & lemon aioli.	£14.95	£29.90

BAR BITES

Chicken Bites £7.50
Honey Glazed Chipolatas £7.50
Vegetarian Samosas £7.00

LARGE PLATES

Fish & Chips £18.95
Beer battered haddock, minted pea purée & tartar sauce.

Seabass *(GF)* £22.95
Pan roasted fillet with broccoli & sautéed potatoes.

Prawn Linguine £19.95
Pan seared tiger prawns with spring onions, chilli, lemon & basil pesto.

Slow-Cooked Pork Belly *(Contains Alcohol)* £22.95
Braised red cabbage, roasted baby potatoes & cider gravy.

Lasbfords Sausages & Mash £17.95
Two Lashfords sausages, creamy mashed potato & canmclised onion gravy.

Wild Mushroom & Truffle Rigatoni *(V, VE)* £18.95
Wild mushrooms, truffle cream & Parmesan.

Slow-Cooked Lamb Shank *(GF)* £24.50
(Contains Alcohol)
Creamy mashed potato & red wine and rosemary gravy.

OFF THE GRILL

Butchers' Cuts of Steak
£ Market Price

Chicken Skewers *(GF)*
Peppers, onions, fries, peri-peri mayonnaise & dressed leaves.
£18.95

If there is any dish you feel can be adapted to suit your needs, please don't hesitate to ask!

Key: ***VE*** = Vegan, ***V*** = Vegetarian, ***GF*** = Gluten Free, ***Can be GF*** = this dish can be adapted to no gluten.

A discretionary 10% service charge will be added. If you are not having a starter, please allow a minimum wait of 20 minutes, as all our food is cooked from fresh. If you have a food allergy or intolerance, please speak to a member of our team before you consume any food or beverage. Please note we cannot guarantee dishes are entirely allergen free, we cannot be held liable and will be consumed at guests own risk.

SIDES

Triple Cooked Chips *(VE)*	£5.95
Fries *(VE, GF)*	£4.50
Truffle & Parmesan Fries *(V, GF)*	£6.50
Sweet Potato Fries *(GF, VE)*	£5.95
Greek Salad *(GF, V)*	£5.50
Herb-Roasted Baby Potatoes *(GF, V)*	£5.50
Tenderstem Broccoli *(GF, V)*	£5.50
Savoy Cabbage & Bacon *(GF)*	£5.50
Onion Rings *(V)*	£4.50

BURGERS

Crispy Chicken Burger £17.95
Blue cheese mayonnaise & buffalo sauce.

Beef Burger £17.95
Cheddar, maple-glazed bacon, tomato, gherkin & onion pickle.

Black Bean Burger *(V, VE)* £16.95
Avocado, pickled red onion & sriracha.

EST. 1996

PRIMITIVO

Bar&Eatery